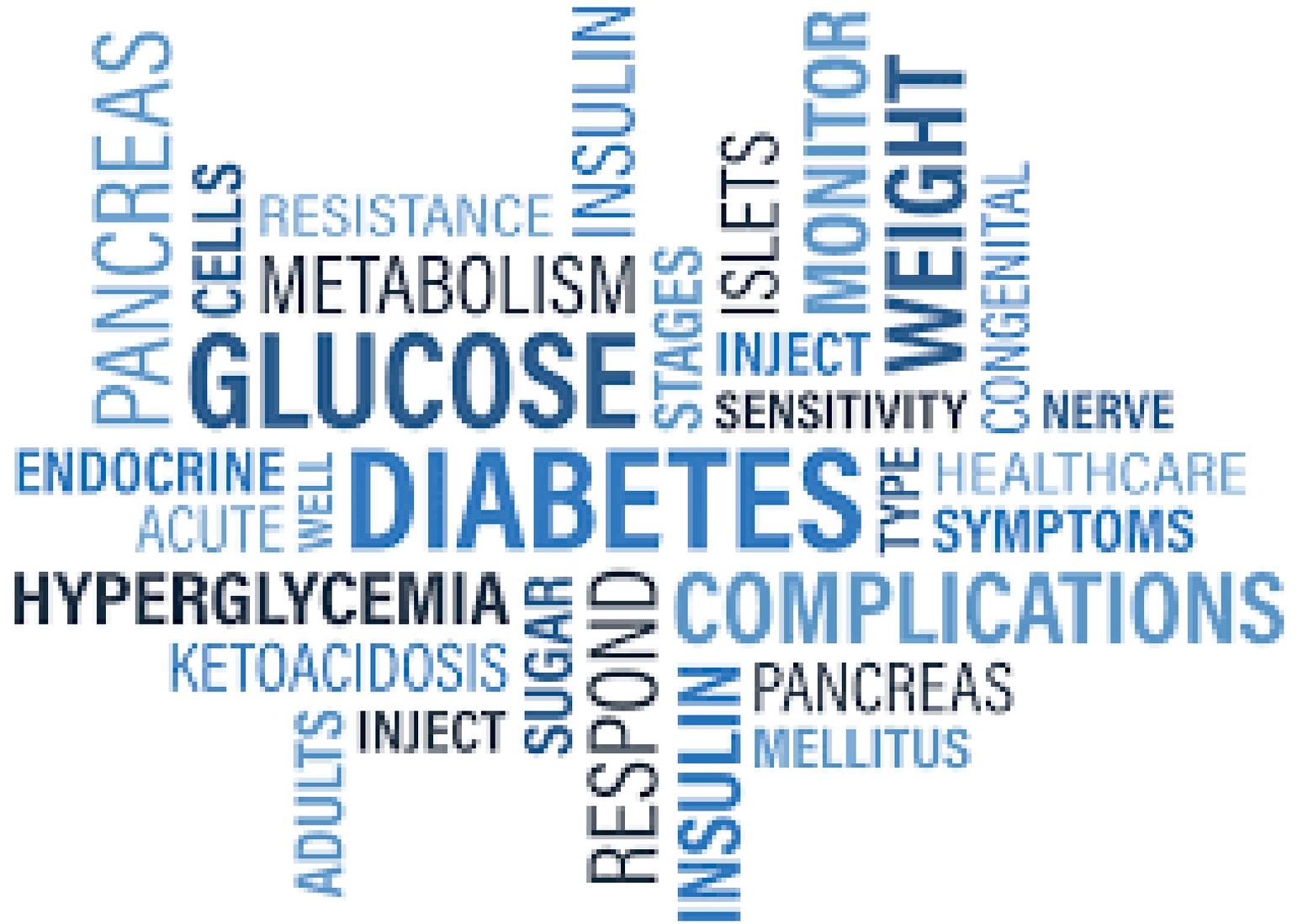


Diabetes Donation PowerPoint

By: Ryan Reston and
Jada Johnson

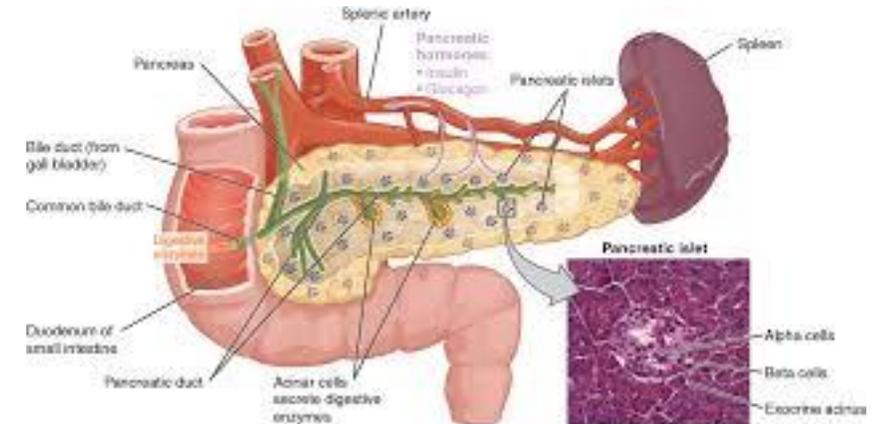


What is the donation program we are starting?

- The two of us (Ryan Reston and Jada Johnson) from the grade 7/8 class have taken upon ourselves to start the first donation program here at school for this year. We are going to be donating money to support the Canadian Diabetes Association.
- This donation process will take place from Monday November 16th till Friday November 20th.
- Over those five days, we will be wearing blue themed clothing. Monday will be blue hat day, Tuesday will be blue pants or jeans day, Wednesday will be blue sweater day, Thursday will be blue sock day and Friday will be blue anything day!
- As you view the next few slides, you will learn what diabetes is, why were raising awareness towards it, facts about diabetes and even more information.

What is diabetes?

- Diabetes is a disease where the pancreas doesn't work correctly or doesn't work at all.
- There are two types of diabetes; type one and type two. As said in the first paragraph, the pancreas doesn't work at all for type one. However, for type two, the pancreas doesn't work correctly.
- The pancreas is an organ in the human body which is located in the digestive system. The pancreas makes pancreatic juices called enzymes. These enzymes break down sugars and fats. Its important for the sugars and fats to be broken down because if they're not, it can cause a diabetic low or high.
- The side effects for a high can include thirst, major fatigue, constant urination, vomiting and nausea, dry throat, shortness of breath and stomach pains.
- The side effects for a low can include extreme sweating, paleness in the skin, a fast or unnatural heartbeat, confusion or disorientation shakiness, major fatigue and tingly lips, tongue and cheeks.



About the website

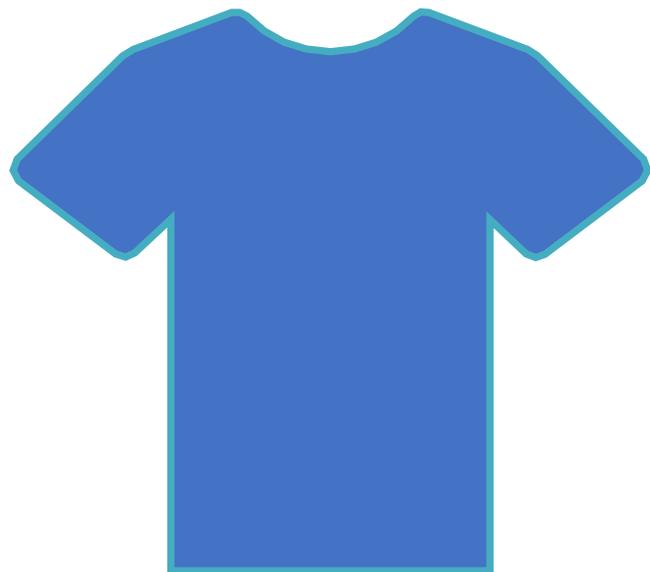
- The website that we have been looking at is the Canadian Diabetes Association. The place that we will be donating to is located in Toronto, Ontario.
 - It has given us information about what they're trying to do to prevent diabetes and find a cure for it.
 - On the right side, we made a summary of the main key points of what the association wants and does for diabetes.
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- The logo for Diabetes Canada features the words "DIABETES" and "CANADA" in a bold, blue, sans-serif font. A horizontal blue bar with a gradient effect is positioned behind the word "DIABETES".
- Since 1993, Dr. Pere Santa Marie from the University of Calgary has been trying his very best to find a cure for type 1 diabetes. He's been getting so close, but yet so far.
 - Over 200 kids and families that have type 1 diabetes take part in coming to their D camp. D camp is where the campers can take a break from being "that one sick kid" at school, home or another extra activity. It's one of the only places where everybody with that particular disease actually understand what is going on. They meet new, fun people who know the exact challenges and struggles that come with having diabetes. Everybody there just "gets it".
 - Over 30,000 people signed the diabetes charter for Canada in 2014. The diabetes charter is to ensure fair treatment for Canadians who have diabetes. With this charter signing, they successfully got at least partial coverage of insulin pumps in every province and territory.
 - If you donate or become a monthly donor, your donations will continue to help the researchers keep on researching because they will be able to purchase the correct tools to find a cure for diabetes one day. Once a cure is found, you will know that you did your part to help the researchers.
 - Remember, every little bit counts. To make a donation, call 800-505 5525.

How can you donate?

- If you'd like to make a donation towards this cause, we ask for you to do it over school cash online. Because of COVID-19, we'd like to avoid bringing money into the school. We want to eliminate as many germs as possible.
- To make a donation, call 800-505 5525. Or do it online from <https://crm2.diabetes.ca/>



**Give this
world good
energy.**

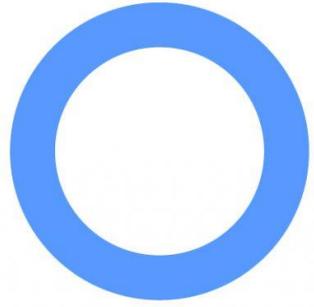


What you could win

- Since we cannot give out food or treats, each person who makes a donation has a chance to win a Holy Family School T-shirt! In order to be the lucky shirt winner, you must do as follows;
- Donate. That's it!
- After you make a donation, every dollar you donate, we will write down your name and put it into a draw. For example, if you donate \$5, we will write your name down on five tickets, and put it into the draw. We will choose the lucky winner of the draw on Monday November 23rd, 2020 during morning announcements.

Why are we raising awareness about diabetes?

- We are raising awareness about diabetes because both of our fathers have fought and struggled with this disease for a long time. Also some of the younger students here at Holy Family School.
- We both have prepared stories to tell you guys about our experiences of watching how our dads have fought through this disease.
- We'd love to see a cure not just for our families, but for everybody around the world who has had to experience this horrible disease and so nobody else needs to experience it.
- One day when a cure for diabetes comes to be, as a school we'll know that we did our part to end it. Always remember, **EVERY LITTLE BIT COUNTS!**



world diabetes day

14 November

#FACT

Facts about diabetes

- World Diabetes Day is on November 14th
- About 442 million people worldwide have diabetes
- Type 2 diabetes is more common than type 1 diabetes
- 1-5 people don't suspect anything when they get diabetes
- Diabetes was first discovered in 1889
- Joseph von Mering and Oskar Minkowski were the first two people to discover and have the disease

Bibliography

- <https://crm2.diabetes.ca/>
- <https://www.who.int/features/factfiles/diabetes/en/>